



RUTGERS-NEW BRUNSWICK
Douglass Residential College

The Douglass Curriculum

Start Your Path to Success



douglass.rutgers.edu | [@rudouglass](https://twitter.com/rudouglass)

About The Curriculum

The Douglass curriculum is designed to ensure that you leave Rutgers with a robust resume full of the academic, professional, and co-curricular experiences that will make you a competitive candidate in the job market, graduate school application process, or any other endeavor you choose to pursue.

To complete the curriculum, you will follow a roadmap of programming. At each stop along the way, **you will pick** an opportunity that fits your aspirations while aiming to satisfy three of four requirement buckets.

In this document, visualize your Douglass journey by learning about the pathway, which Douglass programs satisfy which requirements, and how to find help.

Learn More:



Find it Fast Table of Contents

The Pathway
Knowledge and Power
Community Engagement
Douglass Discovery
Career Pathways
DegreeNavigator
FAQs

[Page 3](#)
[Page 4](#)
[Page 5](#)
[Page 6](#)
[Page 7](#)
[Page 8](#)
[Page 9](#)

Staff mentor look-up system: Click [here](#) to find a mentor. You will need to sign in with your netid and password.



R1

Take Knowledge & Power

Required feminist foundation course that unlocks your Douglass journey.

Build A Leadership Foundation

+

R2

Community Engagement

Community engagement gives students opportunities to develop practical experience, and foster personal growth all while contributing to the well-being of their community.

Learn From and Within Your Community

+

R3

Select a Resume Builder

Choose a hands-on research and/or work experience that you can highlight on resume and grad school applications.

Graduate Ready with a Robust Resume

The Pathway: Curriculum Steps

R1: Knowledge and Power Issues in Women’s Leadership

R2: Community Engaement Community Learning

.....

Calling all future leaders! This required course at Douglass introduces you to foundational concepts in understanding the status of women, literature, and leadership. Participate in critical conversations, chart out an academic plan, and learn to write and present academic research. Discuss systems of power, prepare for the diverse global workforce, and connect to Douglass programs and resources.

How do I start?

Students enroll in Knowledge and Power during registration. To register for your classes, log on to webreg.rutgers.edu. The course number for Knowledge and Power is 01:988:130. It is worth 3 credits and satisfies the following Rutgers general education requirements: *Diversities and Social Inequalities (CCD)*, *Our Common Future (CCO)*.

I’m not a first-year. When do I take K & P?

Good question! Douglass includes many transfer students, nontraditional students, and students who joined Douglass later in their undergraduate careers. Knowledge and Power is still for you! The College recommends you enroll in Knowledge and Power your first semester as a Douglass student—whenever that may be. However, you are permitted to enroll in Knowledge and Power in any semester up to your final undergraduate semester at Rutgers. If you need help deciding when to enroll in Knowledge and Power, please reach out to a staff mentor.

More questions?

Check out our FAQ section at the end of this document. If you still have questions, reach out to Director of Academic Programs and Douglass Discovery Dr. Katy Gray (she/her) at katy.gray@rutgers.edu.

.....

Community connections and civic action make Douglass thrive! Whether it’s connecting with fellow Douglass students, engaging with local or state communities, or collaborating on global initiatives, you’ll find meaningful ways to make an impact. Through service-learning courses, student-led projects, public partnerships, and immersive experiences, you’ll develop leadership skills, deepen your sense of purpose, and contribute to a more just and connected world. These opportunities ground your education in empathy, action, and real-world change.

What counts?

To complete your Community Engagement requirement, choose from of the following:

- At Douglass:

 - [Douglass Community Catalysts](#)
 - [All Douglass Living & Learning Communities](#)
 - [Dialogue Across Difference Series](#)
 - [Douglass Faculty Fellows](#)
 - [Barbara Voorhees Mentors \(01:988:299\)](#)
 - [Approved Douglass Student Organizations](#)
- Elsewhere at Rutgers or in the Community**

 - [The Collaborative Center for Community Based Research and Service](#)
- [Rutgers Amnesty International](#)
 - IRW Learning Community
 - [Involvement in Cultural Collaborative Programs](#)
 - [Voices of Diversity Student Advisory Board](#)
 - [Rutgers University Alternative Breaks](#)
 - Advocacy or engagement work at home/hometown
 - [Rutgers Global Programs](#)
 - [Study Abroad](#)

How many hours do I need?

Students must complete a course listed in DegreeNavigator, one of the programs above, or 2 hours of engagement in each category per year they are enrolled in Douglass. Questions on this? See our FAQ page.

More questions?

Check out our FAQ section at the end of this document. If you still have questions, reach out to Assistant Dean of Strategic Programs, Dr. Madinah Elamin (she/her) at madinah.elamin@rutgers.edu.

R3: Resume Builder

Hands-on Experience

To complete the resume builder: requirement three, you may choose any academic research or project (listed under “Douglass Discovery”) **and/or** a career and professional development experience (listed under “Career Pathways”).

.....

Douglass Discovery

Academic Research & Projects

Get hands-on experience! Take a direct route to research and hands on learning in a variety of fields through Douglass Discovery. Build your resume and expand your horizons by collaborating directly with faculty, professionals, corporate leaders, artists, and other Douglass Fellows on their work, including laboratory research, arts initiatives, public health projects, and more!

What counts?

- [Douglass Faculty Fellows](#)
- [Douglass Honors College Innovator in Residence Program](#)
- [Douglass Artist in Residence Program](#)
- [Douglass Gender and Arts Living-Learning Community](#)
- [Intro to Scientific Research Course \(01:556:130\) - Part of SUPER STEM Research Program](#)
- [ARESTY](#)
- Department/Honors Capstones
- [DLS Summer Undergraduate Research Fellowship Program](#)
- Study Abroad
- Douglass Honors College Peer Event Leaders
- IWL Leadership Scholars Internship with Center for Women in the Arts at Douglass
- IRW Undergraduate Cohort

.....

Career Pathways

Professional & Leadership Development

Prepare for the job market! Transform your future through highly-regarded programs in leadership development, mentoring, career advancement, and personal growth. Access resume help, mock interview preparation, professional development workshops, and law and public policy programming. Build your resume through an immersive job-shadowing experience known as an externship.

What counts?

- [The Reilly BOLD Externship \(01:988:295\)](#)
- [Christiana Foglio DC’84 Career Conf.](#)
- [Professional STEM Mentoring Program](#)
- [Public Policy and Legal Programs](#)
- [Institute for Women’s Leadership Scholars](#)
- [Institute for Women’s Leadership WINGS](#)
- [Center for Women in American Politics New Leadership Program](#)
- [Eagleton Undergraduate Associate Programs](#)
- [Networking Night/RU Grad School Ready event](#)
- [FIGS Instructor](#)
- Professional Development Activities
 - [Career Internship Fairs](#)
 - [Student-Alumnae Career Connect](#)
 - Meet with Career Exploration Services
- [Rutgers Internship and Co-Op Course](#)
- [On Campus Work Experience Network](#)
- [Professional Student Organization](#) Membership (SWE, Girls Who Code, Women’s Pre-Law Society, etc.)
- [Rutgers Summer Service Internship](#)
- Corporate or Nonprofit Internship
- Executive Board Member of Club/Organization
- Internships

How many hours do I need?

Students must complete a course listed in DegreeNavigator, a program above, or 2 hours of programming in each category per years they are enrolled in Douglass. Questions on this? See our FAQ page.

More Questions?

For Douglass Discovery questions, reach out to Assistant Dean of Academic Programs, Dr. Katy Gray (she/her) at katy.gray@rutgers.edu. For Career Pathways questions, reach out to Assistant Dean of the BOLD Center, Andrea Sarko (she/her) at Andrea.Sarko@rutgers.edu.

DegreeNavigator

DegreeNavigator is the Rutgers University online tool that tracks your progress through all courses at Rutgers. Your Douglass curriculum is also included on DegreeNavigator. DegreeNavigator will be updated periodically to reflect your progress through the Douglass curriculum.

How does my progress get recorded in DegreeNavigator? Douglass tracks your progress in DegreeNavigator in one of three ways:

1. You’ve satisfied the requirement with a course or program listed in DegreeNavigator. This is recorded and there is nothing further you must do.
2. You’ve satisfied the requirement with a Douglass opportunity **not** listed in DegreeNavigator. Since this is a Douglass offering, the Douglass staff will have a record of your participation and record it automatically when they annually update DegreeNavigator (updated once per year). There is nothing further you must do.
3. You’ve satisfied the requirement with an opportunity **not** listed in DegreeNavigator and **not** offered by Douglass. The Douglass staff will **not** automatically have a record of your participation. To have your participation reviewed and recorded in DegreeNavigator, please fill out the form [here](#).

What will I see in DegreeNavigator?

[-] Requirements

✓ Requirement R1 : Knowledge and Power

Total Courses: 1

Completed: 1

Needs: This requirement is (will be) satisfied.

A total of 1 course from {01:988:130✓}

Notes:

Strongly recommended to complete Douglass College Mission Course (Knowledge & Power) in the first year.

Completed Courses:

01:988:130 (3, Fall 2023, A)

The highlighted green check indicates this student has completed Knowledge and Power.

⌘ Requirement R2 : DEI / Community Engagement

Total Courses: 1

Completed: 1

Needs: In Progress: This requirement will be satisfied.

A total of 1 course from {DEI / Community Engagement Courses (01:988:299⌘)}

These wavy lines indicate this student is currently completing Community Engagement.

✕ Requirement R3 : Career/Professional Development/Research

Total Courses: 1

Completed: 0

Needs: 1 more course is needed to satisfy this requirement.

A total of 1 course from {01:556:130, 11:090:120, 01:198:294, 14:440:115, 01:090:120}

Notes:

Must complete one of these courses or 8 hours of Douglass Career engagement by the end of last semester prior to graduation. The REILLY BOLD PROFESSIONAL DEVELOPMENT section of 988:494 will fulfill this requirement.

Completed Courses:

None

The red x indicates this student has not yet completed either Douglass Discovery or Career Pathways.

Frequently Asked Questions

What are the components of the curriculum?
There are 3 requirements: R1 is taking the Knowledge & Power course, R2 is engaging in Community Enagement, R3 is engaging in career or research development.

Does anything count towards the requirements besides what’s listed here? Yes!
Douglass is open to counting experiences from around the community towards your requirements. If you think you’ve completed an experience that should count, please submit it [here](#)! If your participation in the program is appropriate and approved, your DegreeNavigagor will be updated periodically. If it is not approved, a staff mentor will reach out to you. For questions, please reach out to drc.curriculum@echo.rutgers.edu.

If I don’t take a class listed on DegreeNavigator under one of the requirements, can I still fulfill the requirement? Yes. Students must complete a course listed in DegreeNavigator, a program listed above, or 2 hours of programming in each category per years they are enrolled in Douglass. For instance, a student who enrolls in Douglass as a first year will complete 8 hours of programming in each category over the course of their undergraduate career. A student who transfers in as a Junior will only complete four hours of programming in each category over the course of their time at Rutgers. Hours do **NOT** have to be dispersed equally over your years.

Does the Douglass curriculum affect my Rutgers school or graduation requirements?
No, you may graduate without completing the Douglass Curriculum requirements. If you do complete the Douglass Curriculum Requirements you will receive digital badges for your resume and LinkedIn pages.

My DegreeNavigator is not correct. What can I do?
DegreeNavigator is updated once per year. If you still have questions, please reach out to drc.curriculum@echo.rutgers.edu.

I am a transfer student. Do I still need to complete the Douglass Curriculum?
Yes, there are many Douglass opportunities to join. You can also participate in multiple programs during one semester.

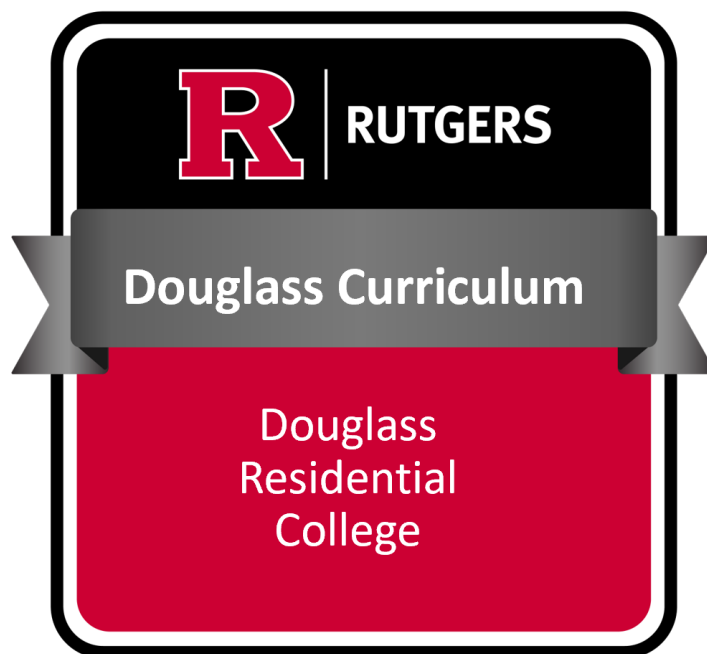
How can I reach out to my staff mentor to find out more information?
Click [here](#) to find your mentor. You will need to sign in with your netid and password.

How do I get started? When looking for open opportunities, a place to start is checking your Rutgers email for the **Douglass Delivers**–a weekly e-newsletter featuring open and upcoming applications and event registrations from Douglass and partners.



EARN digital badges!

Digital badges can be displayed on your resume, LinkedIn profile, or online portfolio. They show potential employers and grad programs your achievements and successes!



**LEARN MORE
ABOUT DIGITAL BADGES:**

